

EVENT DETAILS:

Scammonden Wednesday 1st July 2020

- Parking: Yorkshire Water's car park high above the eastern side of Scammonden Water or on the road. **The car park gate can be locked from 6pm to 9am**, by local wardens to stop nefarious activities !
It also has a height barrier.

OS Grid Reference: SE 055 162.

<https://www.streetmap.co.uk/map.srf?x=405525&y=416260&z=120&sv=405525,416260&st=4&ar=y&mapp=map.srf&searchp=ids.srf&dn=676&ax=405525&ay=416260&lm=0>

Entrance near the junction of Sledge Gate, Green Slacks Lane and Low Platt Lane.

The postcode HD3 3FR is unreliable.

- Runs anytime on Wednesday 1st July to be included in the results
- **Courses: Long 4.8km, 150m ascent; Medium 3.8km, 115m ascent; Short 1.6 km, 35m ascent**
- Waterproofs may be appropriate, as the present forecast (Monday pm) for Wednesday is:
Fine in the morning, increasingly showery in the afternoon and evening. Rain at 10pm!
- Please keep clear of the finish after you have completed your run
- This is not an official BO event and is not included under their insurance policy. We strongly advise all children to be accompanied by an adult.
- PDF maps available for printing off the night before the event.
- Please check for legibility but try not to plan your route!
- Read James Williams' article and other information on the EPOC website about using MapRunF software. Using the app will give confirmation of reaching the control and act as a results mechanism. If you don't have a smartphone, send your time to the organiser.
- Don't go near the finish until you have completed all your visits to your other controls.
- Risk assessment: respect social distancing rules, all other users of the area and other pedestrians; take care around the areas of open water. You take part at your own risk.
- Please note shoes with good grip are recommended. Also be aware that some paths are quite narrow and social distancing may be difficult.