

EVENT DETAILS Hebden Bridge

Organiser and Planner Jonathan Emberton - 07792900971

- Sunday 9th August

- Location: Hebden Bridge and Heptonstall urban areas and footpaths.

Park at any suitable location in the Hebden Bridge area. On sundays, parking can be tricky so consider cycling, parking in Mytholmroyd and jogging along the canal or using public transport.

Start is in St Georges Square and Finish is in Calder Holmes Park Postcode of start area HX7 8ET. Map Ref. SD993272

- Run at any time on 9th August to be included in the results

- Courses: 3 courses Long 4.5km, 250 m climb, Medium 2.8km 100m climb, Short 1.4km 25m climb. Expect to cover almost twice the measured distance and note the climb on the long course. The Long Course descriptions are very small. We advise that you print a separate description sheet.

- This is not a registered official BO event and therefore not covered under their Public Liability Insurance policy. We strongly advise all children under 16 to be accompanied by an adult.

- Maps: PDF maps available for printing off the night before – check legibility but try not to plan your route! Also a separate page of control descriptions. The scale of the map is 1:5000 with 2.5m contours.

- We will be using MapRunF software for this event which will need to be uploaded to your Smartphone. The event is ready to 'select an event' and it will ask for a passcode. The passcode can be found on the control descriptions of the relevant course. Your map will appear and when you are ready (if you are using a downloaded map you may decide to put the phone in your pocket) run through the start and the phone will bleep and the triangle change from red to green. As you pass within about 10m metres of the control site the software registers again as with the start. When you have finished the software shows your route and you can see where you are positioned in the results.

- Risk Assessment Issues – Respect social distances. Urban orienteering involves crossing roads, some busy. Cobbled streets and paths are rough and can be slippery. Some footpaths with vegetation may be used as route choices. They could have nettles, brambles and be slow. Please be aware this is a sunday in Hebden Bridge and be aware of and considerate to other pedestrians.