

# Thongsbridge and Town End

(Blue, Green, Short Green and Yellow)

Parking: There is a parking area next to waste ground at the junction of Royds Ave and Kirkroyds Lane. This is the start/finish. If you park here don't switch maprun on until you are out of your car and ready to go! Otherwise your time might include fastening your shoes, having a drink, picking up a compass or any other preparatory task you do. (Learnt from bitter experience.)

Postcode HD9 1LP.

<https://www.streetmap.co.uk/map?x=415502&y=409025&z=110&sv=415502,409025&st=4&ar=y&mapp=map&searchp=ids&dn=762&lm=0>

Start/Finish –The start/finish 'beep' is at the entrance to the parking area.

Maps: Scale 1:7500 PDF maps will be available for printing off before the activity. Please check for legibility but try not to plan your route in advance.

Maprun: The activity will use the free Maprun app to track and verify your run and register your time. The map shows the main paths in wooded areas, it does not show details such as ruined walls/fences. It is recommended to print off a paper copy of the map .

Safety: This is a typical urban activity and the courses cross roads which may be busy. Please take care crossing all roads. This course also enters housing estates with narrow footpaths, steps and blind corners. Blue and green courses visit the woods, we recommend you have shoes that have some grip. Please be careful on steps, especially if wet, and be mindful of locals who will not be expecting enthusiastic orienteers to come flying at them out of nowhere. We strongly advise that all children under 16 be accompanied by an adult. Please respect social distancing and other members of the public in all areas.

This is an official BOF activity and as such is included in the BOF insurance. Neither EPOC nor the course planner can be held responsible for accidents.

You take part entirely at your own risk.

Planner: Gilly Markham

*Enjoy* 😊