



Event 5 of EPOC's Calderdale  
"Moving with a Map" Spring Series

Sunday 30th June 2024

## Shibden



### FINAL DETAILS

**Overview:** Event 5 of EPOC's urban weekend takes us to the historic Shibden Park, once home of Ann Lister, for "sprint-style" courses around the park, nearby woods and a few streets. Enter your preferred course but participants are welcome to go out again on a second (or even a third) course if time permits.

**Event Centre:** Shibden Park, Old Godley Lane, Halifax. Just in front of the cafe and main car park.

OS Ref: SE 106 260      Post Code: HX3 6XG      Lat/Long: 53.7297 -1.842

**Parking:** On site pay-and-display. The main car park will be less than 200m from the start/finish/registration.

**Public Transport:** Frequent buses from Halifax stop nearby. Halifax rail station is 1.5km walk.

**Terrain:** Parkland: open grassland with scattered patches of woodland. Some formal gardens and some urban streets add further variety. There is even a 200+ year old tunnel!

## **Courses:**

<b>Course</b>	<b>Distance (km) *</b>	<b>Climb (m)</b>	<b>Age categories / What to expect</b>
Yellow	1.6	45	A relatively easy course suitable for all
Red	4.2	140	Women Open (WO) & Men 40 (MV)+
Green	2.8	90	Men 55+(MSV); Women 40+(WV) Nearest equivalent to Spring Series "Red"

**Map:** 1:4000; 2.5m contours; ISSprOM 2019-2

**Entries:** Enter via Racesignup

**Entry Fees:** Senior £5.00, Young Adult (21-25) £3.50, Junior £2.00

**Entry on the day entry:** Available subject to map availability - please try to enter in advance if possible.

**Start:** Starts between 18:00-19:00.

**Finish:** Adjacent to start

**Courses close at 8pm**

**Safety:** A comprehensive risk assessment will be available. The access road within the park crossed by all courses. Whilst cars will usually be going slowly, please take care.

If you have a medical condition that first aiders should know about in an emergency, please contact the organiser with details, before/at the event before your run, in confidence. These details will only be used for the purposes of this event and will be deleted/destroyed afterwards.

**Insurance:** All paid entrants are covered by British Orienteering's public liability insurance.

***Please ask any of our club officials for more information if you would like to join EPOC and British Orienteering.***

**Organiser:** Jackie Scarf

**Planner:** Mike Pedley (mikep@talktalk.net)