



# Epistle



No. 253  
February - March 2019



**Enthusiastic EPOC  
members running at  
AIRE's New Year's Day  
Score Event at Baildon  
Moor**

*All Photo's:  
Wendy Carlyle*

# EAST PENNINE ORIENTEERING CLUB

Serving Calderdale, Kirklees and Wakefield

## COMMITTEE 2018/2019

|                      |                 |  |
|----------------------|-----------------|--|
| Chair                | Jean Lochhead   | <a href="mailto:jmloch1621@gmail.com">jmloch1621@gmail.com</a>                               |
| Secretary            | Vacant          |  |
| Treasurer            | David Morgan    | <a href="mailto:davidmorgan.stopford@btinternet.com">davidmorgan.stopford@btinternet.com</a> |
| Epistle Editor       | Emma Harrison   | <a href="mailto:eah1607@aol.com">eah1607@aol.com</a>   |
| Fixtures Secretary   | Vacant          |  |
| Membership Secretary | David Morgan    | <a href="mailto:davidmorgan.stopford@btinternet.com">davidmorgan.stopford@btinternet.com</a> |
| Committee Members    | Rod Shaw        | <a href="mailto:margrod123@gmail.com">margrod123@gmail.com</a>                               |
|                      | Jackie Page     | <a href="mailto:jackie.page127@ntlworld.com">jackie.page127@ntlworld.com</a>                 |
|                      | Neil Croasdell  | <a href="mailto:croasded@gmail.com">croasded@gmail.com</a>                                   |
|                      | Viv Barraclough | <a href="mailto:viv.barraclough@cantab.net">viv.barraclough@cantab.net</a>                   |

## OTHER CLUB OFFICIALS

|                       |                   |  |
|-----------------------|-------------------|--|
| Map Librarian         | David Morgan      | <a href="mailto:davidmorgan.stopford@btinternet.com">davidmorgan.stopford@btinternet.com</a>     |
| Compass Sport Trophy  | Rod Shaw          | <a href="mailto:margrod123@gmail.com">margrod123@gmail.com</a>                                   |
| Club Coach            | Viv Barraclough   | <a href="mailto:viv.barraclough@cantab.net">viv.barraclough@cantab.net</a>                       |
| Welfare Officer       | Viv Barraclough   | <a href="mailto:viv.barraclough@cantab.net">viv.barraclough@cantab.net</a>                       |
| Club Championship     | Vacant            |  |
| Club Kit Officer      | Vacant            |  |
| Permanent Courses     | Jean Lochhead     | <a href="mailto:jmloch1621@gmail.com">jmloch1621@gmail.com</a>                                   |
| Relay Organiser       | Vacant            |  |
| Stores and Equipment  | Scarf Family      | <a href="mailto:thescarfs@hotmail.com">thescarfs@hotmail.com</a>                                 |
| E-Punching Equipment  | Ian & Julie Couch | <a href="mailto:iancouch@btinternet.com">iancouch@btinternet.com</a>                             |
| Website & Club Emails | David Harrison    | <a href="mailto:eastpennineorienteeringclub@gmail.com">eastpennineorienteeringclub@gmail.com</a> |
| YHOA committee rep    | David Morgan      | <a href="mailto:davidmorgan.stopford@btinternet.com">davidmorgan.stopford@btinternet.com</a>     |

**EPOC WEBSITE** [www.eastpennineoc.org.uk](http://www.eastpennineoc.org.uk)

## EDITORIAL

After our successful events at Newmillerdam just before Christmas we now look forward to another year of orienteering. On 24<sup>th</sup> February we have our YHOA Superleague event at Royds Hall (Judy Woods) followed 4 weeks later with a YHOA Urban League event at Elland so helpers will be needed for both these events, including additional help to put out and collect in controls at Royds Hall.

On 17<sup>th</sup> March we will have our Compass Sport qualifying round at Sherwood Pines. Please let Rod know your details so you can be entered for the EPOC team.

We have a couple of historical articles in this edition with Philip Thompson reflecting on 50 years of orienteering and Jean has found an old information sheet from British Orienteering detailing a history of orienteering.

Hope to see many of you at Royds Hall!

Emma Harrison

## CHAIRMAN'S CHAT

Christmas at Newmillerdam was very successful. The entry on Sunday was especially good in spite of the rain which did not have a big effect the competitor's enjoyment, as it was a relatively warm day.

Rod Shaw requested that our qualifying heat of the Compass Sport Trophy on 17 March 2019 be the NOC event at Sherwood Pines. It was decided by the committee not to subsidise the entry fee, as most members would have normally been happy with an entry fee of £10 for Sherwood Pines. The Final is another matter and will incur quite a lot of expenditure for members and the club will help with an entry subsidy. (We will be going to the final won't we). Rod had given the clubs views to the discussion about extending the age groups and we now have a W70/M80 category so the older members can play a bigger part in the event.

Organisation and planning for our event on 24 February 2019 in Judy Woods (Royds Hall) is well under way and of course we will shortly be asking for helpers.

Neil Croasdell is Planning Elland Urban on 24 March 2019 so we will be looking for helpers for that event as well.

The pressing matter of compiling a list of volunteer helpers for the BOC 2019 Relays to be held on Spring Bank Holiday Monday 6<sup>th</sup> May 2019 has had a good response and resulted in a reply from 43 members who are on my provisional list, but we still need more. Some jobs do not require any orienteering expertise i.e. manning a road crossing or a gate so all are welcome to be added to the list.

Our "Postcode Community Trust" Grant has been spent on mapping Thornes Park, which at 1:7500 is big enough for a "proper" event. If Race the Castles is to actually happen in August we could use Thornes Park.

Thornes Park POC: Some of the original markers are still in place from the previous Permanent Orienteering Course and Guy is looking at more control sites to extend the POC which we can soon update, work out some courses and put on to the website.

Finally don't forget to look at the bespoke Giraffe buffs with the club logo – I already have 5 firm orders and can now spell Giraffe. They will make nice presents.

*Jean Lochhead*



**After a wet Newmillerdam event, Jean takes Christmas decorations to a whole new level!**

## The EPOC Epistle is the club's bi-monthly newsletter

All offerings to the Epistle, including photo's, are gratefully received, especially the unsolicited ones. Reports on small events are just as welcome as those on big events. It really helps if articles, photo's, reports, notices and gossip can be emailed directly to me at

[Eah1607@aol.com](mailto:Eah1607@aol.com)

Copy to Emma by 20 March 2019

Look forward to hearing from you!

## Helping at an EPOC event?

Don't forget you can have half price entry to any EPOC event when you help out at an event in some way. If you need to pre-enter an event the discount code is available from the event organiser to claim a helper discount!

### Membership

Welcome to new members

- Stuart Family - Richard, Leah, Frank (aka Francis), Stanley and Dora  
[stuartleah@gmail.com](mailto:stuartleah@gmail.com)
- Daniel Sutcliffe [d.sutcliffe89@gmail.com](mailto:d.sutcliffe89@gmail.com)
- Lindsay McMillan [Lindsay@mcmillans.info](mailto:Lindsay@mcmillans.info)
- David Clancy [daclancy69@gmail.com](mailto:daclancy69@gmail.com)

### What has your committee been doing?



#### East Pennine Orienteering Club Summary of Committee Meeting Wednesday 16 January 2019 at 7.30pm Marsh Liberal Club



1. **Present:** Rod Shaw, Emma Harrison, Jackie Page, Neil Croasdell, David Morgan (Treasurer), Jean Lochhead (Chair)
2. **Apologies:** None
3. **Minutes of last meeting** approved and proposed to be a true record: Proposed: Emma Harrison. Seconded: David Morgan
4. **Matters arising from the last minutes:** The minutes were read through in detail and the committee updated as to progress on issues mentioned some of which were discussed later in the meeting.

5. **Chairman's Report:** Jean reported that her Chairman's report to the committee would be remarkably similar to the Chairman's Chat in the Epistle. The next Epistle is due out at the beginning of February.
6. **Treasurers Report:** had been circulated before the meeting and is at the end of these minutes.
7. **Financial Support for EPOC Juniors:** It was decided that EPOC Juniors selected to represent England be supported by the club via a contribution to their costs. Each application is to be taken on its merit with no fixed % precedent being agreed for future selections.
8. **Compass Sport Trophy:** Rod Shaw has been part of the debate on revising the courses for older age groups so that they can play more of a part in the scoring process. At the date of the meeting Rod had not had any further contact with the organisers to hear whether any alteration had been made, to make the older age groups more inclusive. Rod had also not received a reply to his request that EPOC be included in the heat of the 2019 CST to be held on 17 March 2019 at Sherwood Pines.
9. **Fixtures 2019:** An updated spreadsheet of events was discussed (attached) and updated. Rod had nearly finished the planning of Royds Hall/Judy Woods to be held on 24 February 2019, and Neil has agreed to plan Elland to be held on 24 March 2019. If Jean is to be the organiser of the Double Weekend a planner will be required for Hebden Bridge. We still need more helpers to put out and collect in controls out on 24 February at Royds Hall/Judy Woods.
10. **Event scheduled for 6.10.18:** It was agreed to cancel this event as it clashed with the Euro City Race in Liverpool and the main helpers would all be at the Euro City Race. Jean provided a schedule of dates from the end of August until end of November and there was no viable space in the calendar to move it to. Our October event has now been cancelled three years in a row and we should avoid having a fixture on this date without looking first at the other big events on that date which will take away not only our loyal helpers but will also lead to a depleted entry.
11. **BOC Relay 6th May 2019:** EPOC had a provisional list of helpers and should have enough to be able to cover all positions at the Relay. There was very little to update the committee on after the BOC 2019 meeting on 6 January 2019.
12. **BOC Mixed Relay:** As EPOC will not be able to compete in the BOC 2019 Relays on 6<sup>th</sup> May, the committee discussed whether any teams would want to compete in the BOC Mixed Relay on Saturday 4<sup>th</sup> May. It was decided that we needed more information about the categories, which should be advertised in the Epistle to see who would be interested to make up a team.
13. **POC Report:** Thornes Park has been remapped and is awaiting final touches and the acknowledgements to be included. As well as a large area for a POC Course we may have to use Thornes Park in the Race the Castles series (if it happens!)
14. **Website:** The hand over to David Harrison was nearly complete.
15. **Fixtures Secretary:** David Morgan did not want the current vacancy of Fixtures Secretary and as the meetings are only two per year Jean said she would be willing to stand in until someone else wanted to take it on!
16. **Giraffe's:** Philip Thompson had an EPOC Giraffe (Buff) at the MDOC New Year event, which attracted attention, and we have a price quote of £6.00 each if we bought 25. Details to be supplied to Emma for the Epistle to see how many members would be interested.

17. **The Meeting closed** at 9.15pm

18. **Date of Next Meeting:** Wednesday 20 March 2019. Same venue.

### **East Pennine Orienteering Club Summary of Treasurer's Report for January 2019**

- 1 Since the last meeting, the club has held the traditional pre - Christmas night and day events – this year at Newmillerdam. Attendances were reasonable especially given the poor weather on the Sunday and overall the events made a surplus.
- 2 An initial payment of £170 has been received from BOF. Membership renewals are continuing and further payments will follow. Currently we have 44 membership units. An up to date list will be available at the meeting.
- 3 A development grant negotiated by Viv Barraclough has been received.
- 4 Grants. Laura Harrison has been selected to run for England at Interland 2019. In the past EPOC has made grants to Juniors for training camps such as Lagganalia as these are not supported by YHOA. In future I would propose that Juniors selected to represent a home nation or GB should also receive club support.
- 5 As of today the bank account stands with a reduction of approximately £150 since the year end.

David Morgan 12/1/19

### **EPOC EVENTS 2019 - 2020**

| <b>2019</b> |            |                             | <b>Venue</b>                | <b>Organiser</b>          | <b>Planner</b> | <b>Controller</b> |
|-------------|------------|-----------------------------|-----------------------------|---------------------------|----------------|-------------------|
| Sunday      | 24.2.19    | YHOA Super League           | Royds Hall                  | Jean                      | Rod            | David Morgan      |
| Sunday      | 17.3.19    | Compass Sport Trophy        | Sherwood Pines (we hope)    |                           |                |                   |
| Sunday      | 24.3.19    | YHOA Urban League           | Elland                      | Jean                      | Neil           |                   |
| Sat,Sun,Mon | 4/5/6.5.19 | BOC Champs Relay            | Middleton Woods for EPOC    | Jean helper Co-ordinator  |                |                   |
| Saturday    | 20.7.19    | YHOA Urban                  | Mytholmroyd - Double Sprint | Jean                      | Jonathan       |                   |
| Sunday      | 21.7.19    | YHOA Urban                  | Hebden Bridge               | Jean                      | ??             |                   |
|             | August     | Race the Castles (perhaps)  | Thornes Park                | Format of Event not known |                |                   |
| Saturday    | 21.12.19   | YHOA Night League           | Storthes Hall               | Jean                      | Simon Martland |                   |
| Sunday      | 22.12.19   | Regional Event              | Storthes Hall               | Jean                      | Simon Martland |                   |
| <b>2020</b> |            |                             |                             |                           |                |                   |
| Sunday      | 15.3.20    | Compass Sport Cup 1st Round | Ogden                       |                           |                |                   |
| Sunday      | 31.5.20    | YHOA Champs Long            | ????                        |                           |                |                   |
| Sunday      | 19.7.20    | YHOA Urban                  | ????                        |                           |                |                   |
| Sunday      | 1.11.20    | Regional                    | ????                        |                           |                |                   |

Sat/Sun            19/20  
December    Night & Regional            ????

## **JK, British Mixed Sprint and British Relays 2019**

As you are all aware (and many people have already offered their services to help) EPOC will be providing the bulk of the manpower needed for the British Relays this year. As such it won't be practical to enter any senior teams for this relay although it would be possible to enter a junior team or 2, depending on interest – please email Viv if so [viv.barraclough@cantab.net](mailto:viv.barraclough@cantab.net)

The committee wondered what interest there is instead in entering any teams for the British Mixed Sprint relay? This is a relatively new format and will be held at Bradford University on Saturday 4<sup>th</sup> May, the day before the main British Championships and 2 days before the standard British Relays. There are a variety of classes on offer (more information on the British Champs website) to suit all ages.

Prior to both these events will be the JK relays. We notice that there aren't so many EPOC entries this year but there may be some interest in the relays? The only drawback is the extortionate entry fee (£70/team) which would have to be paid by team members.

If anyone is interested in either the JK and/or British Mixed Sprint relay please let Emma know [eah1607@aol.com](mailto:eah1607@aol.com) and the committee will look at the options for teams.

## **COMPASS SPORT TROPHY 2019**

### ***Rod Shaw***

The qualifying round for this year's Compass Sport Trophy will be held at Sherwood Pines on the 17th March. We will be competing against LOG, WAOC, HALO, PFO and NOC who were a large club last year and are also hosting the event. Entries are made by the clubs so please email me if you are able to take part. The closing date is the 4th March but send in your entry asap please. If you can't go please let me know so I won't have to pester you! The club is subsidising juniors in full, adults are asked to pay the full entry price of £10. If we get through to the final on 20th October at Crowborough hosted by Mole Valley OC then adults will also be subsidised by the club. One change this year is that there is a new class for M80+/W70+ with a maximum of 2 scorers and this gives some of our wrinklies a much higher chance of scoring than previously. Please email your entry to me [margrod123@gmail.com](mailto:margrod123@gmail.com) with your name as registered on your membership, age class, BO no., dibber no. (I'm assuming contactless will be available) and preferred start block.

Cheers! Rod

## **Reflections on 50 years of orienteering**

### ***Philip Thompson***

I suppose that my first experience of orienteering, of a sort, was in the early days of my army service as a reluctant National Service conscript at the tender age of 18. As part of pre-officer training we were taken by a 3 ton truck with back and sides down, onto the moors above Catterick Garrison then disgorged at 200 to 300 meters intervals to simulate a parachute drop. After those who suffered from travel sickness had divested themselves of their breakfasts we had to assemble, agree where we were then march to a given location for which we had the grid reference; this without crossing any river Swale bridges or main roads which might alert the enemy

to our presence. We then had to deploy and mount a section attack on an enemy strongpoint. Does this give anyone any ideas?

Fifteen years later, domiciled in Shropshire, I read an article in the Observer by the late Chris Brasher about this new sport of orienteering, imported from Scandinavia and making inroads in the UK. Born and bred on the margin of the Peak District (Glossop), having from an early age tramped the moors, climbed the gritstone edges and invariably getting lost in the mists shrouding the Kinder Scout plateau (some things never change) I thought this is for me, all thoughts of becoming a professional cricketer like my Uncle Jim forgotten. Quite by accident at the same time I came across a flyer for an event to be held on the Wrekin, organized by the local boy scouts, for teams of 4. I recruited a team from the office and we had a go. Peter Leverington and myself were immediately hooked and promptly signed up for the Harlequins Orienteering Club. My first 'proper' event was in Beddgelert Forest organized by MDOC using black and white reproductions from the appropriate ordnance sheet. I took over an hour to find the first control and then I retired. As I said earlier, some things don't change. The first JK I entered which must have been one of the early ones, had a campsite near Matlock. It was so cold that the standpipes on the site froze overnight but we persisted, taking with us 4 very reluctant children. Subsequently however, the eldest Michael (now a grandfather) was chosen for a tour of Scandinavia in the British junior squad and the younger daughter Anne was a regular winner at later JK's. As for my career, it can best be described by the traditional description of the Bourbon kings of France, 'They learned nothing, they forgot nothing'; another way of saying that I am still making the same mistakes now as I did when I started, having invented a few new ones en route. In racing parlance I rarely trouble judges and the few podium places have come in later years when the opposition has become 'rarified'.

But by far the best result I ever registered was in the 1974 KIMM in North Wales when Joe Longden, late of DEE, and myself came 10<sup>th</sup> in the Elite class. It might have been better; we were lying 6<sup>th</sup> at the overnight stop. But by the end of the second day we were so comprehensively knackered that we made a horrendous mistake at the penultimate control. We went on to complete 10 KIMM's. I had met Joe when we moved to Warrington and I joined DEE. Sadly Joe had an untimely death from an acquired infection during a hospital stay for what turned out otherwise to be a successful procedure. With both Lakes and North Wales very accessible I did far more fell running than orienteering at that time. Unfortunately this meant a drawing office inquest on Monday mornings on my performances in which my excuses were always the same; beaten by stick men of the genus 'Josh Naylor'. The boss was moved to ask why they didn't have a prize for the first ordinary person to finish then I might win something.

I took up my position in Barnsley in 1978 and commuted at the weekends (sometimes on foot!) for 2 years back to Warrington. I joined EPOC in 1980 after meeting a colleague at work who lived in Huddersfield and who was a member of the club. He persuaded me to join EPOC rather than SYO and then we could travel together to events. The day I signed up for EPOC he left for a job in Manchester. This however was a decision amply justified by the welcome and subsequent friendships which Rona and myself have enjoyed ever since. I did find a fellow headbanger in Barnsley, Keith Montgomery with whom I completed a further 16 KIMM's, OMM's, SLMM's and RAB's.

Obviously there have been many changes over the past 50 years and I think I've disagreed with most if not all of them. Today there seems to be a similarity between orienteering and cricket in that bizarre developments in both sports are taking place to try to attract more support; 100 balls per over in cricket and indoors orienteering, of all places! My aversion also to the urban format lies in my concern that a well meaning member of the public might ring the police and report the sighting of an old man dressed in his pyjamas, stumbling along the pavement carrying what looks like a map and a compass but looking very lost; surely an escapee from some institution or other.

All this notwithstanding, I am looking forward to a new career as the club's first M85 where the opposition is even more rarified. I suspect it might be me though, needing the oxygen.

## A HISTORY OF ORIENTEERING

### The Early Days

Orienteering began in the forests of Scandinavia, where it was introduced as a form of army training. The word 'orienteering' or 'orientation' was used in military circles as early as 1886 to mean crossing unknown territory with the aid of a map and compass, and by 1895 orienteering competitions were being held between military garrisons in what was then the United Kingdom of Sweden and Norway.

The first public orienteering competition was held by the Tjalve Sports Club near Oslo in Norway on October 31st 1897. The course of 19.5km with three control points in wilderness terrain was won in 1 hour, 47 minutes and 7 seconds. A similar competition organised in 1901 near Stockholm in Sweden had six entries for a 14km course with four control points. The winner took 1 hour, 35 minutes and 34 seconds.

But competitive orienteering did not really begin until 1918, when Major Ernst Killander, President of the Stockholm Amateur Athletic Association, devised a cross-country race where runners had to choose their own routes. 220 runners completed a 12km course with three control points, with the winner taking 1.25.39. Killander went on to lay down the basic principles of modern orienteering, including rules, types of course, choice of control sites, age classes, and event organisation. He is recognised as the Father of Orienteering.

The first night orienteering event was held near Stockholm in December 1922. Sweden also held the first regional championships in 1923. The first ladies event was in Gothenburg in 1925. The Swedish elite championships started in 1926, and in 1927 a District Relay Championship was organised in Uppsala.

The early maps were black and white usually at a scale of 1:100,000 with hash lines rather than contours to indicate height. Specially drawn full colour orienteering maps were not produced until 1952. Until the development of the Silva protractor compass in 1933, compasses were either the conventional 'watch' type or wooden box compasses.

By 1930 orienteering was firmly established in Sweden, Norway and Finland, and Sweden defeated Norway in the first international match, held near Oslo in 1932. By 1934 orienteering had spread to Switzerland, Hungary and the USSR. An open international competition held near Stockholm in 1960 attracted seven nations, and was followed in 1961 by the inauguration of the International Orienteering Federation at a meeting in Copenhagen. There were ten founder members: Bulgaria, Czechoslovakia, Denmark, East Germany, Finland, Hungary, Norway, Sweden, Switzerland and West Germany. Britain joined in 1967.

The first European Championships were held in Norway in 1962. In Finland in 1966 this event became the World Championships.

### Orienteering in Britain

Orienteering came to Britain in the 1950s. In 1953 John Disley competed in an orienteering event while touring Sweden as a member of the British athletics team. He had been a gold medallist at the 1952 Olympic Games but was easily beaten by some 20 women PE students. In 1955 he organised two events in the Bryn Engan forest in Snowdonia, using inch-to-the-mile OS maps. Some 30 to 35 people took part in what were probably the first orienteering events held in the UK.

Possibly the first public mention of the sport in Britain was in an article in the Observer in 1957, written by Chris Brasher who had been a gold medallist in the 1956 Olympic Games. He began, 'I have just taken part, for the first time, in one of the best sports in the world...' Brasher's article produced a letter from the Norwegian Embassy in London, pointing out that 'orientation' was not as completely unknown in the UK as he implied: a Norwegian instructor had given a course 'in this typically Norwegian sport' at 'one of the most famous public schools in the country' (unfortunately unidentified). Brasher replied that several other readers had written to say that orienteering competitions had been held in this country, including one of 20 miles and 9000 feet of ascent in the Lake District (the 1957 Lake District Mountain Trial) and a street event in Greenock, Scotland. Later that year Brasher himself took part in an event organised by the Nottinghamshire Association of Boys Clubs.

This early activity was sporadic and unco-ordinated. Peter Palmer, later to be a major figure in the development of British orienteering, remembers, "I took part in my first orienteering competition on Jesus Meadows, Cambridge, in

November 1958. Two Swedish students persuaded the University Cross-Country Club to look for coloured biscuit tins in a fog-bound fen landscape with the help of an OS inch-to-the-mile map, grid references, Silva compasses, and helpful descriptions like 'the wood corner south of the village church'.

In 1959 Baron Lagerfelt of Stockholm, an accomplished orienteer with a missionary zeal to spread the sport through the world, organised a demonstration event in Nottingham. A second demonstration event for members of Edinburgh Southern Harriers on the Penicuik Estate on Sunday April 16th 1961 comprised a trial run of about two miles to give the athletes the feel of orienteering, followed by a 5" mile competition. The winner was a woman, Agnes Wright, in 58.32, seven minutes ahead of Brian Jamieson who went on to become a British international and a course planner at the 1976 World Championships. Baron Lagerfelt finished one second behind Jamieson.

A Swedish team visited Scotland the following year, and a demonstration race at Dunkeld on June 23rd was followed by Open Men's, Junior Men's and Women's races. These count as the first Scottish Championships and included an international competition between Scotland, England, Germany and Sweden, won, of course, by the Swedes. June 24th 1962 was also the first Annual General Meeting of the Scottish Orienteering Association, attended by 24 people representing 18 organisations, with apologies from 19 individuals representing a further 14 organisations. The first Scottish O club was Edinburgh University in late 1964, followed by Strathclyde University and Edinburgh Southern in early 1965.

Meanwhile, following the 1957 Lake District Mountain Trial, members of the Preston Mountain Rescue Team led by Gerry Charnley and Ken Turner were experimenting with map and compass running on the Pennine fells. An orienteering event was held at Whitewell near Clitheroe in 1963, and on December 4th 1964 the first English club, South Ribble Orienteering Club, was formed, closely followed by Pendle Forest Orienteers. SROC represented England in an international competition in France in July 1965.

Further south, the advent of cheap black and white photocopying persuaded John Disley to try again, and in 1964 he organised a series of fortnightly events in Surrey which attracted local teachers and children as well as such now-familiar names as Peter Palmer and Chris James. To gain media interest Disley invited his athletic friends, including Roger Bannister, Gordon Pirie, Chris Brasher and Martin Hyman. Articles in national newspapers and Sunday supplements followed, and the word 'orienteering' became more familiar to the British public.

Southern Navigators came into being on May 2nd 1965. An English Orienteering Association was formed that year with Brasher as Chairman, and SN defeated SROC in the first inter-club match, at Coldharbour in Surrey. In 1966 the first English Orienteering Championships were held near Hindhead, also in Surrey; Peter Palmer organised a South East Schools Championships and took the eight best youngsters to the Swedish O-Ringen; and an English team competed in the first World Championships held in Finland. Jan Kjellstrom, son of Alvar Kjellstrom, the founder of Silva, came to Britain and helped accelerate developments in competition, coaching and mapping.

Discussion of a UK Orienteering Federation with IOF membership began as early as 1964, but it was not until June 15th 1967 that BOF was born, at a meeting at Barnard Castle in County Durham, followed by the first British Championships, held next day in Hamsterley Forest. Gordon Pirie was the first British men's champion. The first Junior Championships were held in the Forest of Dean in October the same year. 1967 also saw the first JK International Orienteering Festival, held in honour of Jan Kjellstrom who had tragically died in a road accident earlier that year. The JK moved to Easter in 1969, and in 1974 was the first British event to attract more than 1000 competitors.

Technical improvements continued. The first events used photocopied OS maps with a scale of 1:25,000 and control sites identified by six-figure grid references. The 1968 British Championships on Cannock Chase in the West Midlands used coloured OS maps, and the following year Geoff Peck produced Britain's first specialist 1:20,000 orienteering maps for the British Championships at Kirroughtree Forest in south-west Scotland.

BOF reached its present complement of twelve national and regional Associations in 1972, and appointed Tony Walker as its first full-time professional officer. BOF Office was briefly in London, then at Lea Green near Matlock, and moved to its present site in Darley Dale in 1984. A major growth in membership occurred after the 1976 World Championships near Aviemore in Scotland were featured in a BBC documentary narrated by Chris Brasher. This was the first event in Britain to use professional orienteering maps, drawn by Robin and Sue Harvey. Sue Harvey is now President of the IOF. The World Championships returned to Scotland in 1999.

*With acknowledgements to Chris Brasher, Bob Climie and his History of the SOA, John Disley, Terry Dooris, and Peter Palmer and his Complete Orienteering Manual. A longer version of this history is available on the BOF website.*

## Magnetic North

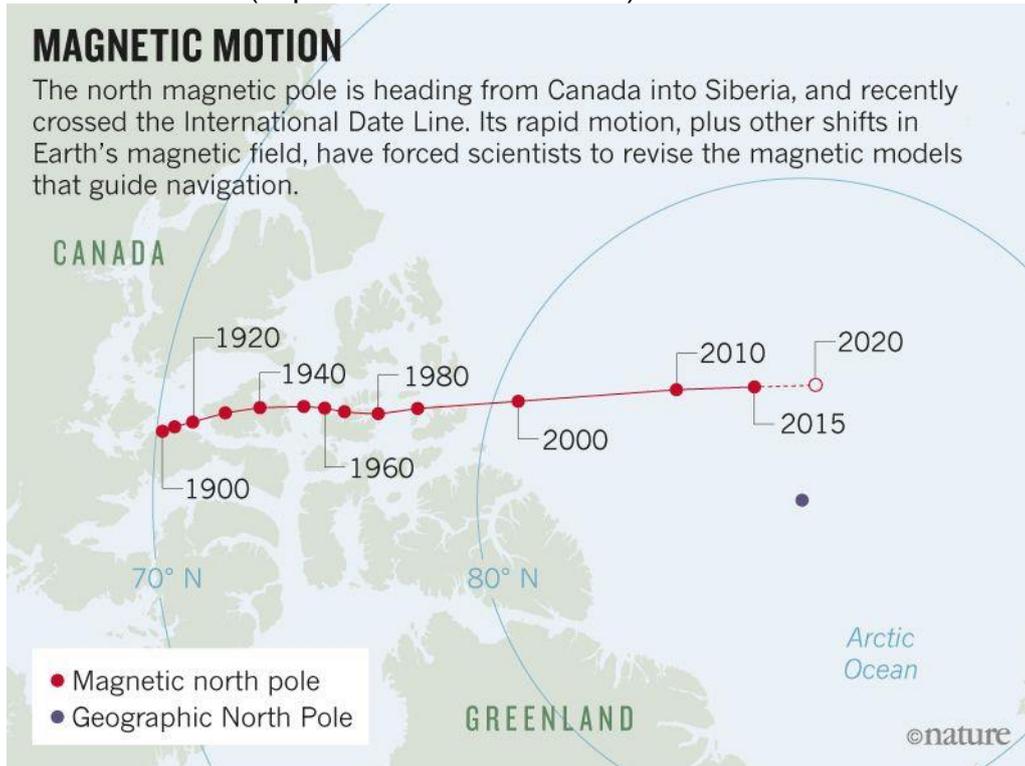
### Bob Steeper

Bob has found a couple of articles that may be of interest to orienteers about magnetic north moving faster than 'normal'. Revised magnetic model should have been issued by National Oceanic and atmospheric administration in USA but they're not at work due to current government administration funding squabbles over there. Article published in nature:

<https://www.nature.com/articles/d41586-019-00007-1>

<https://www.noaa.gov/>

Picture attached (copied from Nature article)



## Ticks

### Bob Steeper

The following may be of interest to anyone travelling to the USA.

Tick bites and consequent problems are starting to get more media coverage. Most of recent coverage is due to problems in eastern USA and one particular tick species. *Amblyomma americanum*, commonly known as the lone star tick due to a white spot in centre of its back, has not previously been considered one of the more problematic species as a disease vector. Reading up on tick species in the USA and the specific diseases each can transmit can be both interesting and concerning. One key aspect of the lone star tick is that it can feed on humans at all stages of its life cycle and unlike other tick species doesn't just wait around for the next meal, it's much more mobile and active in seeking that next meal.

If it didn't transmit health problems it wouldn't present much of a problem, however an increasing number of people have developed what is referred to as a meat allergy. It isn't actually meat that the immune response is triggered by but an alpha galactose sugar which is common to non-primate mammals and is one of the main reasons that organs from other species cannot easily be used in humans without rejection issues. People with the allergy can find themselves unable to

consume, wear or use products which include components derived from animals and one key thing most of the people have is that they are or have been active in rural areas and experienced tick bites.

There is a lot of information on various websites and it's worth a look if travelling abroad. At present alpha galactose allergy doesn't appear to be associated with UK tick species. Thankfully. Which just leaves the other tick transmitted diseases to be aware of.

Further information can be read here <https://www.theguardian.com/news/2018/dec/11/mysterious-allergy-to-meat-alpha-gal-lone-star-tick>

## Bespoke EPOC Giraffe Bandana's for only £6.00



Made with 100% Coolmax Microfiber with Repel technology (water just runs off the surface keeping your bandana dryer for longer without any loss of functionality. Seamless Knit. GIRAFFE® 1.3oz and measures approx 50cm x 24.5cm. One size fits all. This item is printed to order. Seamless tube for maximum comfort. Perfect for the desert, snow capped mountains, orienteering or just out and about with 30 UPF sun protection. Wicks away moisture when you're hot and keeps you toasty when it's cold. Giraffe boasts extreme versatility and protection. Cover your mouth and nose with your Giraffe bandana to prevent dust and dirt from getting into your lungs when vacuuming. There are over 12 ways to wear a Giraffe Bandana. Ideal for emergency 1st Aid situations! and taking your competitors hostage.

**We have negotiated a reduced price for Giraffe's (Buffs).  
If we order 25 they will cost £6.00 each instead of £11.99  
To take advantage of this amazing offer contact Jean by e-mail.  
N.B. Shades not included!**

# Junior T-Shirts

## Viv Barraclough

If you would like a t shirt as below please let Viv know. If you have grown out of yours please pass it on.



## EPOC Rankings 2019

These are the current ranking positions (as of 31.01.19) of EPOC members aged second year M/W16 and over (ranking points are not awarded to first year M/W16 and younger).

| Pos.      | Name              | Points | Contributing scores                |
|-----------|-------------------|--------|------------------------------------|
| 1 (138)   | Simon Martland    | 7780   | 1313, 1298, 1306, 1277, 1304, 1282 |
| 2 (160)   | James Logue       | 7736   | 1266, 1316, 1292, 1303, 1287, 1272 |
| 3 (166)   | Andy Thorpe       | 7729   | 1274, 1275, 1290, 1310, 1301, 1279 |
| 4 (183)   | James Williams    | 7686   | 1283, 1257, 1306, 1310, 1269, 1261 |
| 5 (325)   | Jonathan Emberton | 7487   | 1253, 1241, 1234, 1259, 1239, 1261 |
| 6 (383)   | Mike Pedley       | 7435   | 1235, 1239, 1242, 1238, 1236, 1245 |
| 7 (681)   | Phil Scarf        | 7146   | 1192, 1179, 1231, 1251, 1104, 1189 |
| 8 (735)   | Richard Payne     | 7095   | 1170, 1199, 1187, 1187, 1176, 1176 |
| 9 (736)   | David Averill     | 7094   | 1170, 1208, 1176, 1174, 1180, 1186 |
| 10 (740)  | Emma Harrison     | 7092   | 1188, 1172, 1178, 1181, 1190, 1183 |
| 11 (752)  | Matthew Tinker    | 7080   | 1172, 1187, 1177, 1172, 1178, 1194 |
| 12 (788)  | Sarah Pedley      | 7055   | 1159, 1184, 1163, 1203, 1177, 1169 |
| 13 (847)  | Graham Lloyd      | 7006   | 1176, 1164, 1158, 1169, 1170, 1169 |
| 14 (940)  | Lindsay McMillan  | 6930   | 1139, 1153, 1158, 1164, 1144, 1172 |
| 15 (1032) | Megan Harrison    | 6862   | 1130, 1142, 1132, 1149, 1172, 1137 |
| 16 (1035) | Viv Barraclough   | 6859   | 1178, 1102, 1169, 1115, 1146, 1149 |
| 17 (1042) | Laura Harrison    | 6854   | 1140, 1125, 1145, 1127, 1149, 1168 |
| 18 (1398) | Richard Spendlove | 6574   | 1092, 1097, 1092, 1112, 1088, 1093 |

| <b>Pos.</b> | <b>Name</b>         | <b>Points</b> | <b>Contributing scores</b>         |
|-------------|---------------------|---------------|------------------------------------|
| 19 (1402)   | Julie Couch         | 6568          | 1120, 1082, 1102, 1104, 1081, 1079 |
| 20 (1475)   | Ian Couch           | 6513          | 1078, 1090, 1081, 1085, 1079, 1100 |
| 21 (1642)   | David Harrison      | 6378          | 1073, 1050, 1049, 1056, 1085, 1065 |
| 22 (1949)   | Paul Jackson        | 6123          | 1013, 1043, 1016, 1024, 996, 1031  |
| 23 (1959)   | Helen Pedley        | 6113          | 1002, 1004, 1019, 1063, 1009, 1016 |
| 24 (2016)   | Helen Martland      | 6063          | 1013, 1026, 1021, 1005, 1004, 994  |
| 25 (2155)   | Keith Sykes         | 5931          | 1013, 960, 962, 999, 988, 1009     |
| 26 (2246)   | Brian Mellor        | 5832          | 941, 973, 1017, 951, 948, 1002     |
| 27 (2271)   | Arabella Woodrow    | 5807          | 973, 956, 980, 950, 985, 963       |
| 28 (2341)   | Neil Croasdell      | 5699          | 943, 938, 975, 943, 949, 951       |
| 29 (2374)   | Rod Shaw            | 5661          | 980, 925, 949, 917, 920, 970       |
| 30 (2380)   | Guy Goodair         | 5653          | 988, 929, 924, 935, 934, 943       |
| 31 (2413)   | Roy Lindsell        | 5598          | 978, 932, 886, 965, 844, 993       |
| 32 (2422)   | Gill Ross           | 5588          | 925, 954, 918, 917, 935, 939       |
| 33 (2477)   | Linda Hayles        | 5530          | 942, 925, 926, 909, 929, 899       |
| 34 (2560)   | Stephen Warner      | 5427          | 868, 924, 922, 883, 927, 903       |
| 35 (2586)   | Jackie Scarf        | 5377          | 1086, 1127, 1090, 1050, 1024       |
| 36 (2602)   | Jean Lochhead       | 5360          | 869, 880, 950, 903, 886, 872       |
| 37 (2704)   | Jane Payne          | 5202          | 915, 871, 848, 852, 841, 875       |
| 38 (2709)   | Judith Goodair      | 5192          | 852, 872, 866, 852, 858, 892       |
| 39 (2732)   | Jackie Page         | 5131          | 847, 855, 849, 883, 841, 856       |
| 40 (2751)   | Joanna Emberton     | 5103          | 834, 861, 844, 879, 818, 867       |
| 41 (2757)   | Fred Ross           | 5095          | 869, 876, 831, 832, 869, 818       |
| 42 (2844)   | Rebecca Lloyd       | 4914          | 782, 806, 885, 839, 777, 825       |
| 43 (2890)   | Juliet Morgan       | 4818          | 851, 798, 795, 793, 821, 760       |
| 44 (2902)   | Adam Thorpe         | 4786          | 1180, 1219, 1176, 1211             |
| 45 (2912)   | Mike Thorpe         | 4754          | 787, 892, 792, 735, 758, 790       |
| 46 (2927)   | Philip Thompson     | 4725          | 774, 790, 772, 794, 792, 803       |
| 47 (2942)   | Sue Levinson        | 4686          | 766, 792, 842, 740, 753, 793       |
| 48 (3062)   | Mathew Averill      | 4373          | 1068, 1083, 1107, 1115             |
| 49 (3127)   | David Morgan        | 4204          | 685, 655, 691, 723, 788, 662       |
| 50 (3298)   | Bob Steeper         | 3722          | 845, 988, 996, 893                 |
| 51 (3316)   | William Barraclough | 3692          | 1201, 1243, 1248                   |
| 52 (3358)   | Margaret Shaw       | 3558          | 571, 608, 550, 680, 560, 589       |
| 53 (3401)   | Michael Wood        | 3462          | 652, 826, 717, 596, 671            |
| 54 (4591)   | Bryan Parkinson     | 1059          | 1059                               |
| 55 (4698)   | Joy Mellor          | 999           | 622, 377                           |
| 56 (4855)   | Shaun Camponi       | 897           | 897                                |

## Junior Development

Viv Barraclough, Coach, East Pennine Orienteering Club

### Orienteering events and activities

Sunday 24th March EPOC event, morning

Sunday 12th May Yorkshire and Humberside Schools' Orienteering Championships, Rotherham, morning

other events, activities and coaching to be added

please ask me for more details

### Orienteering in the School Games

If your school isn't already involved please ask your school sports co-ordinator to find out more from myself or Simon Martland.

Kirklees, Calderdale and Wakefield heats held over the winter/spring and the final on 27th March at Leeds Beckett. Teams of 4 from Y3/4 and Y5/6. **Francis** and **Frank's** team from Reinwood Juniors and **Freya's** team from Kirkburton Middle School both made it to the final last year!

Hope to see you soon,

Viv

07906 500541

### EVENT REPORTS AND RESULTS

(a huge 'thank you' to Guy, as always, for sifting through and sending me all the results)

#### CLOK Autumn Short Race Series, Stokesley School - 1 Dec 18

##### Open Course

12 Neil Croasdell 15:28

##### Vets Course

6 Neil Croasdell 12:24

#### CLARO YHOA Night League, Valley Gardens - 1 Dec 18

Medium (length: 3.1km, climb: 40m, 14 controls)

1 Emma Harrison 28:36

#### SYO National Event, Ramsley Moor - 2 Dec 18

##### Blue (length 5.9km, climb 150m)

8 Mike Pedley 55:16

##### Short Blue (length 5.3km, climb 145m)

8 Sarah Pedley 51:55

9 Laura Harrison 54:56

12 Emma Harrison 57:55

15 Richard Payne 59:49

##### Green (length 3.8km, climb 110m)

13 Paul Jackson 45:51

18 Helen Pedley 48:13

21 Brian Mellor 54:44

42 Rod Shaw 59:26

60 Roy Lindsell 74:01

##### Short Green (length 3.0km, climb 90m)

10 Jean Lochhead 47:30

19 Michael Wood 71:02

##### Light Green (length 3.5km, climb 105m)

21 Arabella Woodrow 62:55

#### WCH West Midland League, Brereton Spurs - 2 Dec 18

##### Blue 5.5km 250m

1 Jon Emberton 49:41

36 Ian Couch 69:16

##### Green 3.6km 145m

14 Julie Couch 47:40

##### Short Green 2.9km 110m

24 Jo Emberton 51:29

## HALO YHOA Night League, Twigmoor Woods - 8 Dec 18

|  |  |
|--|--|
| Night Long (length: 5.4km, climb: 90m) | Night Medium (length: 3.6km, climb: 65m) |
| 8 Mike Pedley 69:00                    | 1 Emma Harrison 41:08                    |

## HALO YHOA Super League, Twigmoor Woods - 9 Dec 18

|                                    |   |
|------------------------------------|---|
| Brown (length: 7.8km, climb: 140m) | Green (length: 4.7km, climb: 85m)       |
| 3 Mike Pedley 74:38                | 4 Julie Couch 61:24                     |
| 5 Jon Emberton 78:11               | 27 Paul Jackson 104:18                  |
| Blue (length: 5.9km, climb: 120m,) | Short Green (length: 3.7km, climb: 60m) |
| 1 Emma Harrison 55:39              | 3 Jo Emberton 65:57                     |
| 12 Ian Couch 69:24                 | 17 Margaret Shaw 102:08                 |
| 15 Megan Harrison 71:05            | 21 Philip Thompson 115:45               |
| 25 Rod Shaw 133:58                 |   |

## My first event abroad – thoughts from an orienteering newbie on a Goodair tour

### Sue Levinson

I like Funchal, I'd visited one Christmas, it was friendly, colourful, had warm weather, but it is hilly. However, when Guy first suggested I might like to go with Judith and him to the final Euro City Race of the season this year, I said 'thank you but no'....yet .... on December 7<sup>th</sup> of this year I met with them at Manchester Airport for the weekend away, yes, the 'no' had somehow become a 'yes'! Though I've done some (predominately) urban orienteering the last few years, it's only this year that I've entered more frequently and entered adult courses. However, apart from one event, I've run down, yet even knowing I'd be doing the courses for my own age group and 2 events on successive days I'd still, somehow, said yes, so bright and early this Friday morning we met at Pret a Manger before the flight to Madeira.

After an excellent flight, we arrived to unseasonably warm weather and waited, along with fellow orienteers going to the 2 day event (in all, out of around 400 competitors, 102 were from the UK), for the service bus to Funchal. On arrival, a walk – up – the roads found us at our b and b; thankfully, I'd been warned of the narrow roads, speeding cars and lack of pavements near our accommodation, so was very careful. We had great accommodation; we had our own apartment but were still part of the b and b set up. A quick wash, change into summer clothes and my orienteering weekend had begun.

Off to the event centre – a goodie bag! a t-shirt! a cap! a Madeira cake! a number with my name, class and nationality. This is orienteering in Europe. We wandered around the locality to get our bearings, looked for potential control sites, avoided unruly traffic. After a coffee (it's pretty cheap in Portugal and hence Madeira), and booking our evening meal, it was time to return to base before venturing back out. After an excellent meal – we were on holiday too - we saw many of the Christmas lights, walked through the Christmas street market and walked along the coast; the Christmas lights were worth the trip alone

Saturday – the event started at 2pm, our start times were a bit later, so after breakfast we wandered into Funchal, located the event centre for Sunday, met others doing the same, had a coffee (of course) and did some people watching, but soon, with nerves (well mine anyway) even more kicking in, it was time to get ready; no need to take with us a change of clothing or a warm top.... and off to wait for our starts. Thankfully this year, I've done a couple of Euro City tour races in the UK so knew the format, though not the non-punching start, so that was novel. Judith was off first, but no seeing which way folks go as the start kite was out of sight. Then with advice in my ears, it was my 4 minute call up... collect control descriptions and off. Thank goodness control 50 was where I reckoned it should be, what a relief, as were the next few including over the road – lucky there, no traffic and a policeman at the crossing – in fact this main road through Funchal was closed for our event! And then the inevitable, this next control was not mine! Map just wouldn't fit right. I knew I had to return to somewhere I knew was right, re-orientate and try again, so after a pause, I did. When I got sorted, I'd been oh so close, so much time wasted... you all know the

stories and then.....control 100, my last control loomed, then the finish and the hope that I haven't mis-punched, phew, no mp! Judith safely round too (she won her class) and Guy 3<sup>rd</sup>, so they both podiumed, got lovely medals – this is the continent! Later we had dinner with fellow orienteers, discussed, as you do, and I reflected I'd done my first overseas event, but the main one was to come on Sunday morning.

Sunday – another lovely day, though more seasonably correct weather, ie a little cooler, which was no bad thing. Judith and Guy needed clean runs to win their classes for the tour, I just wanted to get round and not mp. We knew where the event centre was, headed there and as weather nice, happy to watch and wait. Again Judith was off first, but though we could watch her start, there were no clues for route choices, however it seemed routes were coming near the event centre so we were well occupied. Judith got back safely and it was time for me to start. I got a bit flummoxed again by the non-punching/no start kite to be seen start, the map wouldn't fit, the nerves really kicked in, stop, use the compass and yes, I was now off in the right direction, great, control no 40, inside corner, phew, but with nerves to the fore I took time to settle but I must have made my main errors early as I got round, for me, much better after the fifth control, thank goodness. Again, so many police were at busy road junctions, but also so many tourists, and as church was out at 11, so many locals too. On my travels, I was asked, in laboured Portuguese, where the market was, I hope my accurate and rather brief reply was helpful, I wasn't there for conversation. Well my course had me running up and up and down, along the sea front by the cable car – even more tourists – but thankfully not into the Christmas decorations as some did – and finally towards the last control, finish and download. And no mp! My first overseas event was successful, as was the day's event for Judith, who won a lovely glass trophy and for the whole tour for my companions as they both podiumed first. Yes, I'd have loved error free runs, or shorter error times, but....I got round and I wasn't last

In Madeira, not only are the Christmas lights a must see, the Christmas markets are a must visit, especially the one in the main fruit, veg and fish market on Sunday, what a transformation from daily use. There's also a great café just opposite, where very good quality cakes and coffee for 3 saw change from 5 euros. Dinner, at a lovely restaurant close to our b and b, sealed a great weekend as we flew home Monday and though Manchester was degrees colder (at least 15) it was dry

I'm so pleased my stock answer of 'no thank you' did not materialise this time; it was a great weekend. Would I like to do an overseas urban event again – yes please, especially if the weather is nice and warm. Also I can certainly recommend Goodair tours





**Funchal City Race Weekend - 8 to 9 Dec 18**

|                       | <b>Sprint 8 Dec</b> | <b>City Race 9 Dec</b> |
|-----------------------|---------------------|------------------------|
| <b>SuperVet Women</b> |                     |                        |
| Sue Levinson          | 48:37 (32)          | 55:22 (28)             |
| <b>Hypervet Women</b> |                     |                        |
| Judith Goodair        | 23:36 (1)           | 32:51 (1)              |
| <b>Hypervet Men</b>   |                     |                        |
| Guy Goodair           | 25:24 (3)           | 38:29 (5)              |

**PFO NW Night League, Holcombe Ranges - 15 Dec 18**

|  |   |
|--|---|
| <b>Night Blue (length: 5.2km, climb: 250m)</b> | <b>Night Green (length: 3.3km, climb: 170m)</b> |
| 2 James Logue 50:06                            | 3 Will Barraclough 42:53                        |
|  | 4 Viv Barraclough 43:17                         |

**PFO Regional Event, Holcombe Ranges - 16 Dec 18**

|  |  |
|--|--|
| <b>Brown (length: 8.5km, climb: 285m)</b>      | <b>Green (length: 3.4km, climb: 160m)</b>      |
| 7 Will Barraclough 78:12                       | 21 Roy Lindsell 64:43                          |
| <b>Blue (length: 5.3km, climb: 215m)</b>       | <b>Short Green (length: 2.7km, climb: 75m)</b> |
| 5 Viv Barraclough 54:04                        | Dnf Joy Mellor 94:46                           |
| <b>Short Blue (length: 4.7km, climb: 165m)</b> | <b>Orange (length: 2.5km, climb: 85m)</b>      |
| 21 Brian Mellor 75:19                          | 1 Luke Barraclough 34:02                       |
| 22 Rod Shaw 81:04                              | <b>Yellow (length: 2.2km, climb: 60m)</b>      |
|  | 1 Joseph Barraclough 26:22                     |

**NOC EM Champs & Robin Hood Trophy, The Dukeries - 16 Dec 18**

|                           |                                   |
|---------------------------|-----------------------------------|
| <b>Short Blue 6km 50m</b> | <b>Short Green 4.4km 30m</b>      |
| 3 Emma Harrison 44.32     | 18 Jean Lochhead 64.02            |
| 4 Richard Payne 45.12     | 19 Guy Goodair 66.24              |
| 18 Megan Harrison 54.09   | 33 Gill Ross 78.11                |
| 20 Laura Harrison 54.26   | <b>Very Short Green 3.7km 35m</b> |
| 22 David Harrison 55.38   | 1 Judith Goodair 58.09            |
| 25 Ian Couch 56.17        |                                   |
| <b>Green 5km 45m</b>      |                                   |
| 6 Julie Couch 45.04       |                                   |
| 8 Helen Pedley 46.58      |                                   |
| 44 Neil Croasdell 62.08   |                                   |
| 54 Fred Ross 69.40        |                                   |
| mp Paul Jackson           |                                   |

**EPOC YHOA Night League, Newmillerdam - 22 Dec 18**

|                             |                        |
|-----------------------------|------------------------|
| <b>Long 5.1km 130m</b>      | <b>Medium 4km 100m</b> |
| 8 William Barraclough 43.10 | 3 Megan Harrison 40.32 |
| 9 Mike Pedley 45.23         |                        |
| 30 Viv Barraclough 71.39    |                        |

**EPOC Christmas Score Event, Newmillerdam - 23 Dec 18**

|                               |                               |
|-------------------------------|-------------------------------|
| <b>45m Score Event</b>        | 60 Jackie Scarf 150 47.50     |
| 4 Joey Scarf 230 40.56        | 68 Seth Barraclough 130 42.03 |
| 6 Phil Scarf 230 42.38        | 70 Jo Emberton 130 44.47      |
| 7 Jon Emberton 230 42.42      | 72 Jane Hodgson 130 47.39     |
| 17 Will Barraclough 220 41.32 | 73 Will Martland 130 47.42    |
| 19 Davey Averill 220 45.12    | 83 Neil Croasdell 100 44.29   |
| 22 Viv Barraclough 210 43.57  | 84 Rod Shaw 100 47.53         |
| 25 Megan Harrison 200 44.38   | 89 Arabella Woodrow 90 45.08  |
| 31 Luke Barraclough 190 42.22 | 91 Linda Hayles 80 48.18      |
| 33 Matthew Averill 190 45.57  | 95 Brian Mellor 10 53.26      |
| 37 Will Emberton 180 41.12    | 97 Joy Mellor -100 65.05      |
| 46 Ian Couch 160 38.40        | <b>Yellow 2.3km 5m</b>        |
| 47 Julie Couch 160 39.08      | 2 Joseph Barraclough 17.33    |
| 50 Helen Martland 160 45.12   |                               |
| 53 Laura Harrison 160 48.02   |                               |

### SELOC Christmas Score Event, Holcombe & Redisher - 27 Dec 18

|                   |         |
|-------------------|---------|
| 15 Judith Goodair | 360 pts |
| 22 Guy Goodair    | 208 pts |

### EBOR Regional Urban, York University - 30 Dec 18

|                       |       |                     |       |
|-----------------------|-------|---------------------|-------|
| <b>MO 7.6km</b>       |       | <b>WO 6.3km</b>     |       |
| 11 Andy Thorpe        | 52.50 | 10 Megan Harrison   | 64.58 |
| Nc Adam Thorpe        | 59.44 | 11 Beth Emberton    | 65.10 |
| <b>MV 6.3km</b>       |       | 12 Laura Harrison   | 65.23 |
| 20 Jon Emberton       | 63.02 | <b>WV 5.3km</b>     |       |
| 26 David Harrison     | 74.34 | 2 Emma Harrison     | 46.29 |
| Simon Martland missed | 21-26 | 8 Helen Martland    | 59.23 |
| <b>MSV 5.3km</b>      |       | 14 Jean Lochhead    | 77.36 |
| 7 Richard Payne       | 49.29 | <b>WSV 4.2km</b>    |       |
| 20 Stephen Warner     | 68.31 | 11 Arabella Woodrow | 49.50 |
| <b>MUV 4.2km</b>      |       | 16 Jo Emberton      | 68.15 |
| 3 Bryan Parkinson     | 38.27 | 19 Sue Levinson     | 80.12 |
| 15 Neil Croasdell     | 47.21 | <b>WUV 4.2km</b>    |       |
| 17 Guy Goodair        | 50.20 | 5 Gill Ross         | 54.07 |
| 25 Fred Ross          | 62.57 | 6 Jane Payne        | 54.59 |
| 30 David Morgan       | 69.47 | 8 Judith Goodair    | 57.18 |
| <b>MJ 4.2km</b>       |       | 12 Juliet Morgan    | 59.37 |
| 2 Will Martland       | 40.34 |                     |       |

### ELO Edinburgh and the Lothians, Festive Frolic Score - 30 Dec 18

60 Lindsay McMillan 58.41

### DVO East Midlands Urban League, Derby West - 1 Jan 19

|   |       |                                    |       |
|---|-------|------------------------------------|-------|
| <b>4 - MUV, MHV, WSV (length 4.4km)</b> |       | <b>5 - WUV, WHV (length 4.0km)</b> |       |
| 25 Guy Goodair                          | 45.10 | 5 Arabella Woodrow                 | 40.26 |
| 26 Neil Croasdell                       | 45.12 | 6 Jean Lochhead                    | 41.56 |
|   |       | 11 Judith Goodair                  | 48.07 |
|   |       | 12 Jackie Page                     | 48.19 |

### AIRE New Year 45 min Score Event, Baildon Moor - 1 Jan 19

|                     |       |     |                       |       |     |
|---------------------|-------|-----|-----------------------|-------|-----|
| 7 Will Barraclough  | 43.45 | 200 | 42 Rod Shaw           | 43.00 | 110 |
| 12 Emma Harrison    | 43.00 | 180 | 59 Richard White      | 45.10 | 90  |
| 26 Laura Harrison   | 41.00 | 140 | 61 Viv Barraclough    | 45.50 | 90  |
| 39 Roy Lindsell     | 46.00 | 120 | 62 Seth Barraclough   | 45.50 | 90  |
| 41 Luke Barraclough | 41.40 | 110 | 66 Joseph Barraclough | 44.46 | 80  |

### MDOC John O'Goats, Lyme Park - 5 Jan 19

|                      |       |                   |       |
|----------------------|-------|-------------------|-------|
| <b>Medium Course</b> |       | <b>Very Short</b> |       |
| 1 Jon Emberton       | 45.37 | 3 Rod Shaw        | 28.32 |
| 4 Graham Lloyd       | 52.14 | 5 Guy Goodair     | 32.00 |
| <b>Short (4)</b>     |       | 9 Jean Lochhead   | 34.18 |
| 14 Linda Hayles      | 48.54 | 16 Jackie Page    | 47.11 |
| 22 Neil Croasdell    | 59.41 | 17 Maggie Shaw    | 51.25 |
|                      |       | Judith Goodair    | mp    |
|                      |       | Philip Thompson   | mp    |

### NOC EM League, Sherwood Forest - 6 Jan 19

#### Short Green (length 3.8km, climb 40m)

|                    |       |
|--------------------|-------|
| 33 Jane Payne      | 64:26 |
| 43 Philip Thompson | 79:53 |
| 45 Michael Wood    | 83:18 |

#### Green (length 5.0km, climb 45m)

|                |       |
|----------------|-------|
| 16 Julie Couch | 54:58 |
| 33 Ian Couch   | 62:18 |

#### Blue (length 7.4km, climb 70m)

|                  |       |
|------------------|-------|
| 10 Richard Payne | 64:32 |
|------------------|-------|

### AIRE Regional Event, Adel & Meanwood - 6 Jan 19

#### Yellow 1.9km 45m

|                      |       |
|----------------------|-------|
| 4 Darcy Daisy Tinker | 29.26 |
|----------------------|-------|

#### Orange 2.7km 50m

|                 |        |
|-----------------|--------|
| 10 Sue Levinson | 100.10 |
|-----------------|--------|

#### Long Orange 6.8km 170m

|                    |        |
|--------------------|--------|
| 9 Arabella Woodrow | 102.25 |
|--------------------|--------|

#### Light Green 3.7km 90m

|            |           |
|------------|-----------|
| Joy Mellor | m 10 & 11 |
|------------|-----------|

#### Short Green 3.2km 65m

|                   |       |
|-------------------|-------|
| 1 Roy Lindsell    | 46.21 |
| 6 Gill Ross       | 51.15 |
| 16 Jackie Page    | 60.45 |
| 17 Judith Goodair | 61.09 |
| 19 Guy Goodair    | 62.58 |
| 21 Jo Emberton    | 64.31 |
| 30 Mike Thorpe    | 71.51 |
| 34 Jean Lochhead  | 78.42 |

#### Green 4.1km 90m

|                   |       |
|-------------------|-------|
| 43 Keith Sykes    | 64.28 |
| 52 Neil Croasdell | 79.16 |
| 54 Fred Ross      | 84.32 |
| 55 Brian Mellor   | 86.17 |

#### Blue 7.2km 235m

|                   |       |
|-------------------|-------|
| 4 Jon Emberton    | 59.24 |
| 10 Emma Harrison  | 69.17 |
| 14 Davey Averill  | 71.39 |
| 18 Laura Harrison | 76.27 |
| 33 Megan Harrison | 86.36 |

#### Brown 8.1km 285m

|                |       |
|----------------|-------|
| 10 Andy Thorpe | 64.30 |
|----------------|-------|

### SYO Saturday Series, Limb Valley - 12 Jan 19

#### Short Green (length 3.4km, climb 150m, 12 controls)

|                   |       |
|-------------------|-------|
| 20 Jackie Page    | 64:20 |
| 21 Jean Lochhead  | 64:59 |
| 22 Judith Goodair | 66:32 |
| 26 Guy Goodair    | 81:55 |

### WCH West Midland League, Beaudesert - 13 Jan 19

#### Brown 7.8km 225m

|                 |       |
|-----------------|-------|
| 11 Jon Emberton | 70.23 |
|-----------------|-------|

#### Blue 6km 185m

|              |       |
|--------------|-------|
| 61 Ian Couch | 84.36 |
|--------------|-------|

#### Green 4.3km 135m

|                |       |
|----------------|-------|
| 14 Julie Couch | 53.01 |
|----------------|-------|

#### Short Green 3.2km 110m

|                 |       |
|-----------------|-------|
| 21 Jo Emberton  | 66.34 |
| 25 Roy Lindsell | 70.39 |

### LEI EMOA Spring Cottage 13 Jan

#### Blue 5.9km 70m

|                   |       |
|-------------------|-------|
| 18 Megan Harrison | 58.13 |
|-------------------|-------|

### NATO Urban Ouseburn 13 Jan

#### Course C 3km

|                   |       |
|-------------------|-------|
| 12 Neil Croasdell | 34.59 |
|-------------------|-------|

### BAOC MLN Beverley 16 Jan

#### Light Green 4.6km 100m 17c

|                   |       |
|-------------------|-------|
| 15 Linda Hayles   | 56.27 |
| 22 Neil Croasdell | 61.08 |
| 27 Guy Goodair    | 63.26 |
| 29 Judith Goodair | 70.08 |

|                 |       |
|-----------------|-------|
| 32 Roy Lindsell | 73.40 |
| 35 Sue Levinson | 78.13 |
| 36 Tim Cock     | 78.45 |

### **SYO Regional Event, Hugset Woods - 20 Jan 19**

#### **Brown** (length 4.0km, climb 180m)

|                      |       |
|----------------------|-------|
| 13 Andy Thorpe       | 31:10 |
| 22 James Williams    | 32:50 |
| 39 Adam Thorpe       | 37:23 |
| 45= Matthew Tinker   | 38:55 |
| 48 Jonathan Emberton | 39:30 |

#### **Blue** (length 3.5km, climb 155m)

|                      |       |
|----------------------|-------|
| 5 Emma Harrison      | 35:26 |
| 9 Laura Harrison     | 37:06 |
| 15 Megan Harrison    | 40:37 |
| 31= Richard Payne    | 44:12 |
| 45 Richard Spendlove | 47:50 |
| 47 Ian Couch         | 48:40 |
| 78 Bob Steeper       | 68:04 |

#### **Green** (length 3.0km, climb 145m)

|                     |            |
|---------------------|------------|
| 31 Helen Martland   | 46:14      |
| 50 William Martland | 49:09      |
| 73 Neil Croasdell   | 60:12      |
| 81 Fred Ross        | 74:43      |
| 83 Joanna Emberton  | 75:19      |
| mp Julie Couch      | 39:21 M 11 |

#### **Short Green** (length 2.0km, climb 70m)

|                    |            |
|--------------------|------------|
| 9 Jean Lochhead    | 33:47      |
| 15 Gill Ross       | 37:17      |
| 16= Guy Goodair    | 38:49      |
| 30 Jackie Page     | 45:25      |
| 33 Jane Payne      | 48:41      |
| 34 Philip Thompson | 51:05      |
| mp Judith Goodair  | 43:45 M 20 |

#### **Orange** (length 2.1km, climb 85m)

|                |       |
|----------------|-------|
| 9 Sue Levinson | 42:43 |
|----------------|-------|

### **EBOR YHOA Night League, York University East - 26 Jan 19**

#### **Medium Course**

|                  |       |
|------------------|-------|
| 1 Emma Harrison  | 27.46 |
| 3 Megan Harrison | 31.20 |

#### **Short Course**

|             |       |
|-------------|-------|
| 4 Gill Ross | 31.37 |
| 6 Fred Ross | 40.20 |

### **EUOC Edinburgh Big Weekend 25 to 27 Jan 19**

#### **Fight the Night, Calton Hill - 25 Jan 19**

##### **Short Course**

|                   |       |
|-------------------|-------|
| 88 Neil Croasdell | 47.22 |
| mp Judith Goodair | 57.01 |

#### **EUOC City Race, Dean Village - 26 Jan 19**

##### **Course 2**

|                 |       |
|-----------------|-------|
| 67 Sarah Pedley | 69.07 |
|-----------------|-------|

##### **Course 3**

|               |       |
|---------------|-------|
| 5 Mike Pedley | 45.03 |
|---------------|-------|

##### **Course 4**

|                   |       |
|-------------------|-------|
| 73 Neil Croasdell | 69.06 |
| 79 Helen Pedley   | 72.32 |

##### **Course 5**

|                   |       |
|-------------------|-------|
| 17 Guy Goodair    | 31.48 |
| 18 Judith Goodair | 32.38 |

#### **EUOC Classic Event Arthur's Seat 27 Jan**

##### **Blue**

|                 |            |
|-----------------|------------|
| 22 Mike Pedley  | 55.11      |
| mp Sarah Pedley | 76.37 (w5) |

##### **Green**

|                   |       |
|-------------------|-------|
| 92 Neil Croasdell | 84.29 |
| 103 Helen Pedley  | 92.55 |

##### **Short Green**

|                   |       |
|-------------------|-------|
| 37 Judith Goodair | 63.18 |
| 40 Guy Goodair    | 68.53 |

## YHOA URBAN LEAGUE – 2019

Full details at [www.yhoa.org.uk](http://www.yhoa.org.uk)

### Races 2019

Best 7 out of 13 races to score. [Scoring system](#).

|    |       |                           |        |        |
|----|-------|---------------------------|--------|--------|
| 1  | SYO   | Sheffield Ponderosa       | 09-Mar | UKUL02 |
| 2  | EPOC  | Elland                    | 24-Mar |        |
| 3  | CLARO | Ripon                     | 26-May |        |
| 4  | EBOR  | York                      | 27-May |        |
| 5  | SYO   | Rotherham Wingfield       | 02-Jun |        |
| 6  | HALO  | Gainsborough Park Springs | 22-Jun |        |
| 7  | HALO  | Gainsborough              | 22-Jun |        |
| 8  | AIRE  | Lower Baildon             | 07-Jul |        |
| 9  | EPOC  | Mytholmroyd               | 20-Jul |        |
| 10 | EPOC  | Hebden Bridge             | 21-Jul |        |
| 11 | AIRE  | Leeds University          | 07-Sep |        |
| 12 | AIRE  | Leeds                     | 08-Sep | UKUL16 |
| 13 | HALO  | Hessle & Humber Bridge    | 19-Oct |        |

## YHOA SUPER LEAGUE – 2018

Congratulations to the following EPOCies who came in the top 3 in their age classes:- M55 -1<sup>st</sup> Mike Pedley; M65 – 2<sup>nd</sup> Richard Payne; M70 – 2<sup>nd</sup> Ian Couch; M80 – 1<sup>st</sup> Rod Shaw, 2<sup>nd</sup> Philip Thompson, 3<sup>rd</sup> Guy Goodair; W18 – 1<sup>st</sup> Laura Harrison; W20 – 1<sup>st</sup> Megan Harrison; W45 – 1<sup>st</sup> Emma Harrison; W70 – 1<sup>st</sup> Gill Ross, 2<sup>nd</sup> Jean Lochhead; W75 – 1<sup>st</sup> Judith Goodair

Full results at [www.yhoa.org.uk](http://www.yhoa.org.uk)

## YHOA SUPER LEAGUE - 2019

Full details at [www.yhoa.org.uk](http://www.yhoa.org.uk)

### League Dates 2019

Best 5 scores to count. Minimum of 2 scores needed for the league.

|           |  |
|-----------|--|
| 24 Feb 19 | EPOC Royds Hall Woods (Regional)                             |
| 3 Mar 19  | AIRE 50th Anniversary Event, Ilkley Moor (Regional)          |
| 24 Apr 19 | HALO Mausoleum Woods & Cottagers Dale Wood (Regional)        |
| 17 Aug 19 | SYO Race the Castles in Yorkshire (UKOL), Mam Tor (National) |
| 25 Aug 19 | EBOR Race the Castles in Yorkshire – White Rose (National)   |
| 13 Oct 19 | SYO YHOA Championships, Wombwell (National)                  |
| 3 Nov 19  | EBOR York (Regional)   |
| 24 Nov 19 | CLARO YHOA MD Champs, Brimham Rocks (Regional)               |
| 1 Dec 18  | AIRE Shipley Glen (Regional)                                 |

## YHOA NIGHT LEAGUE – 2018/19

Full details and results at [www.yhoa.org.uk](http://www.yhoa.org.uk)

## FIXTURES – February to April 2019

A complete list of fixtures can be found on the BO website

[www.britishorienteering.org.uk](http://www.britishorienteering.org.uk)

| Date | Club/Region | Type/Area | Location |
|------|-------------|-----------|----------|
|------|-------------|-----------|----------|

### February

|           |   |   |                          |
|-----------|---|---|--------------------------|
| 3         | CLOK/NEOA   | Coalmire, near Swainby  | Stokesley                |
| 3         | NOC/EMOA  | Bramcote Hills & The Hemlockstone                               | Nottingham               |
| 9         | SYO/YHOA     | YHOA Night League, Ladies Spring Wood and Beauchief Golf Course | Sheffield                |
| 10        | DVO/EMOA  | Birchen Edge  | Matlock                  |
| 10        | MDOC/NWOA   | Irwell Valley   | Bolton, North Manchester |
| 16        | AIRE/YHOA    | YHOA Night League & Northern Night Championships, Ilkley Moor   | Ilkley                   |
| 23        | MAROC/SOA    | British Night Championships, Muir of Dinnet                     | Royal Deeside            |
| <b>24</b> | <b>EPOC</b>  | <b>YHOA Superleague, Royds Hall Woods</b>                       | <b>Bradford</b>          |

### March

|           |   |   |                 |
|-----------|---|---|-----------------|
| 3         | AIRE/YHOA   | Aire 50 <sup>th</sup> Anniversary Event, Ilkley Moor            | Ilkley          |
| 9         | SYO/YHOA  | Northern Champs Weekend Urban Event, Ponderosa                  | Sheffield       |
| 10        | SYO/YHOA  | Northern Championships, Whancliffe                              | Sheffield       |
| <b>17</b> | <b>NOC/EMOA</b>   | <b>Compass Sport Qualifying Round, Sherwood Pines</b>           | <b>Ollerton</b> |
| <b>24</b> | <b>EPOC</b>  | <b>YHOA Urban League, Elland</b>                                | <b>Elland</b>   |
| 31        | EBOR/YHOA   | Regional Event, Birch Hagg                                      | Pickering       |
| 31        | BOK/SWOA  | Southern Championships, Moseley Green West & Cannop Ponds South | Coleford        |

### April

|    |            |  |               |
|----|------------|--|---------------|
| 7  | CLOK/NEOA  | CLOK Acorn, Eston, Wilton & Lazenby                            | Middlesbrough |
| 14 | CLARO/YHOA | Dob Park Wood  | Otley         |
| 19 | BAOC/SCOA  | JK Sprint, Aldershot Garrison                                  | Aldershot     |
| 20 | SN/SCOA    | JK Middle, Windmill Hill                                       | Frimley       |
| 21 | BKO/SCOA   | JK Long, Cold Ash  | Newbury       |
| 22 | SCOA       | JK Relay, Minley   | Fleet         |
| 28 | HALO/YHOA  | YHOA Superleague and Yvette Baker Trophy Heat, Mausoleum Woods | Brigg         |
| 28 | MDOC/NWOA  | MDOC Urban, Birchwood  | Warrington    |

Check with club and/or BO websites for further information about an event. Club websites can be found via the BO website (details above).